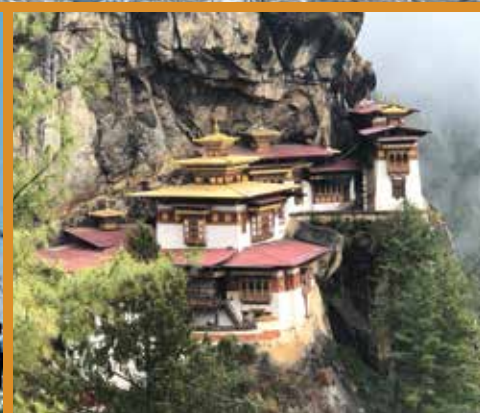
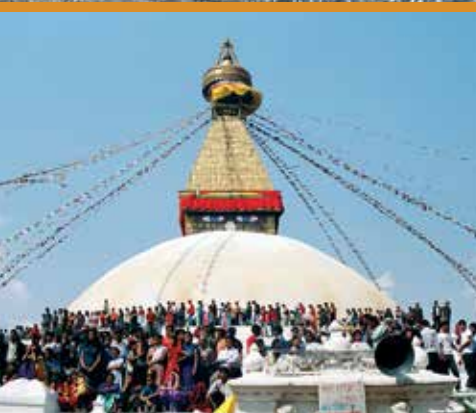




CLASSIC VACATIONS
— NEPAL —



ADVENTURE TOUR & TREKKING IN
NEPAL, TIBET & BHUTAN

www.classicvacationsnepal.com



Message from the Managing Director

Dear Travelers,

Greetings from Classic Vacations Nepal Pvt. Ltd, a leading adventure tour and trekking operator based in Kathmandu, Nepal. As the Managing Director of this company, I would like to welcome you to the breathtaking beauty and cultural richness of Nepal.

Nepal is a true trekker's paradise, offering a diverse range of landscapes, from snow-capped mountains to lush forests and rolling hills. Whether you are an experienced mountaineer or a first-time trekker, you will find a trail that suits your interests and abilities in this amazing country.

At Classic Vacations Nepal, we are passionate about helping our clients experience the very best of what Nepal has to offer. Our team of experienced guides is knowledgeable, friendly, and dedicated to making your trip a success. We understand that planning a trip can be a daunting experience, which is why we work closely with each of our clients to help them choose the best route and provide them with all the equipment and gear they need to make the most of their adventure.

With our team by your side, you will have the opportunity to immerse yourself in the natural beauty and cultural richness of Nepal. Our guides are proud of their country and love sharing its wonders with visitors. They will help you explore the local flora and fauna, as well as the history and culture of the communities you will encounter along the way.

I am confident that your trip in Nepal will be an adventure of a lifetime, and I invite you to join us on this unforgettable journey. Our team is always on hand to answer your questions and offer advice, so don't hesitate to reach out to us if you need any assistance.

I look forward to welcoming you to our beautiful country and helping you experience its stunning beauty for yourself.

Best Regards,

Chet Prasad Bhatta
Managing Director
Classic Vacations Nepal Pvt. Ltd.



Who We Are ?

Classic Vacations Nepal Pvt. Ltd, is a professional and personalized tour and trekking operator based in Kathmandu, Nepal. **Chet Prasad Bhatta is a seasoned Mountain Guide and the Managing Director of Classic Vacations Nepal.** With over two decades of experience in adventure travel in Nepal, Tibet, and Bhutan, Chet Bhatta is a true expert in the field, with deep love and passion for exploring the beauty of the region.

At Classic Vacations Nepal, we focus on crafting the best and classic holidays for our travelers. We understand that each traveler is unique and have their own interest and goals, therefore, we work closely with them to tailor a trip that meets their individual needs and preferences.

Trip safety and quality are the top priorities at Classic Vacations Nepal. The company is dedicated to providing an outstanding customer experience, and strives to ensure that every traveler has a trip of a lifetime experience with us.

Why Classic Vacations Nepal?

There are many travel companies out there, so why choose Classic Vacations Nepal for your next trip? Here are a few compelling reasons why you should choose Classic Vacations Nepal for your next adventure.

Experiences: (Over two decades in the Adventure Travel)

Classic Vacations Nepal Pvt. Ltd, is a professional and personalized tour and trekking operator based in Kathmandu, Nepal. Classic Vacations Nepal has been organizing adventure tours, trekking, and mountain climbing in Nepal for over two decades. As an experienced tour and trekking operator, we have extensive knowledge of the local culture of the region, terrain, different routes, climate conditions of the areas we travel, and safety concerns that may arise during adventure trips. This knowledge is valuable in ensuring that your trips are well planned, safe and enjoyable.

Safety & Quality Trips

At Classic Vacations Nepal, we understand that safety and quality trips are top priority for travelers when planning a trip to Nepal. That is why we go above and beyond to ensure that our trips are designed to meet the highest standard of safety and quality. We carefully select dedicated and experienced local guides and provide top-quality accommodations to create unique packages that guarantee exceptional travel experiences for our clients.

Personalized Services

At Classic Vacations Nepal, instead of quantity of travel, we prioritize quality trips, and personalized services approaches. We are flexible to customize the itineraries to our travelers date and time preference, interest in the trip and provide specialized services accordingly. Travelers are flexible to travel in small groups or private groups of their own with us.

Price Guarantee & Guaranteed Departure

Once you have booked a trip with us at a certain price, that price is guaranteed and will not change even if the costs of the trip, such as flights, hotels, and other expenses, increase later on. By booking in advance, you can lock in your price and travel with peace of mind. In addition, once you book your trip with us on a specific date, we guarantee that it will run as scheduled. This gives you the flexibility to choose your preferred date and book well in advance, knowing that your trip is secure and won't be canceled due to low participation.

All Inclusive Trip

At Classic Vacations Nepal, we believe that travel should be a seamless and enjoyable experience. That's why we offer all-inclusive tours that take care of all the details, so our travelers can sit back and relax. Our all-inclusive tours are designed to provide everything you need for a worry-free vacation, including accommodation, meals, domestic flights, permit and fees, transportation, local guide and activities. By booking with us, you can be assured that you won't have to worry about the logistics or unexpected costs during your trip.

At Classic Vacations Nepal, we are proud to have a team of local guides, experienced and dedicated professionals who are passionate about sharing the beauty and culture of Nepal with our travelers. Our team consists of highly qualified guides, assistant guides, support staff, and logistic experts who have years of experience leading adventure trips in the Himalayas.

Our guides are knowledgeable and well-versed in the history, culture, and geography of the country, and they are committed to making your trip an unforgettable lifetime experience. Our guides are trained in first-aid and wilderness rescue, and are equipped to ensure your safety and comfort while on the trips with us.

TEAM OF CLASSIC VACATIONS NEPAL



Chet Prasad Bhatta
Managing Director
& Travel Leader



Laxmi Pathak Bhatta
Executive Director
& Account Head



Ram Pathak
Head Travel Advisor
(USA & Canada)



Som Nath Bhatta
Tour Guide
(English & Chinese)



Narendra Neupane
Tour Guide
(English & German)



Lok Nath Bhatta
Trek Guide
(English & German)



Madhu Sudan Pathak
Trek Guide



Iswor Lamichhane
Trek Guide



Deepak Regmi
Trek Guide



Navaraj Wagle
Trek Guide



Anoj Khadka
Trek Guide



Tej Karki
Trek Guide



Pem Chhotar Sherpa
Climbing Guide
(3 Times Everest
Summitter)



Pema Chhosang Sherpa
Climbing Guide
(3 Times Everest
Summitter)

Our Destinations

Nepal

Nepal, known as the “Land of the Himalayas,” is not only home to some of the most renowned trekking and climbing destinations in the world, but it is also a country of rich cultural diversity and hospitable people.

Tours in Nepal

Tours in Nepal offer a diverse range of experiences, from cultural and heritage explorations to adrenaline-fueled adventure tours, making it a perfect touring destination for travelers seeking a new, unique and cultural immersion experience.

Culture & Heritage Tours

Culture and Heritage Tours in Nepal offer a unique opportunity to immerse yourself in the rich tapestry of the country's ancient civilizations, from visiting historic temples and palaces, to interacting with local communities and experiencing their traditional way of life. Kathmandu Valley (Including Patan & Bhaktapur) is known for its rich cultural heritage, and a culture and heritage tour is the perfect way to explore the city's unique customs and traditions. The city is home to seven UNESCO World Heritage Sites, including Kathmandu Durbar Square, Patan Durbar Square, Bhaktapur Durbar Square, Pashupatinath Temple, Buddhanath Stupa and Swayambhunath Stupa. These sites offer a glimpse into the city's history, art, and architecture. Visitors can explore the narrow alleys, temples, and monuments of the city, witnessing the vibrant street life and mingling with locals.

Pilgrimage Tours in Nepal

Nepal boasts a rich cultural heritage and profound spirituality due to its multi-religious identity. Hinduism and Buddhism are the predominant religions in the country, with many of their religious and spiritual sites considered holy. For travelers seeking to explore Nepal's religious and cultural legacy, Pilgrimage Tours are a popular choice.

The country is home to numerous Hindu pilgrimage destinations, including the revered Pashupatinath Temple, Manakamana Temple, Halesi Mahadev, Kalinchowk Temple, Janaki Temple in Janakpur, Pathivara Temple, and Baglung Kalika Temple. For those interested in Buddhist pilgrimage tours, Nepal offers many options, such as the majestic Buddhanath Stupa, the tranquil Namobuddha, and Lumbini, the birthplace of Lord Buddha.

Nature Tour in Nepal

Nature tour in Nepal provides an excellent opportunity to experience the country's diverse and breathtaking landscapes.

Nepal boasts numerous natural wonders, such as the majestic Himalayas, verdant forests, dramatic valleys, powerful rivers, and rich wildlife, making it a perfect natural tour destination.

Pokhara is renowned as one of the most famous natural cities in Nepal. This picturesque destination is perfect for nature enthusiasts, boasting some of the most breathtaking landscapes in the country. Nestled in the foothills of the Annapurna mountain range,



Pokhara is famous for its stunning natural beauty, panoramic mountain views and tranquil Fewa Lake. Pokhara is a highly coveted destination among tourists who seek a perfect blend of leisure, outdoor pursuits, such as paragliding, ziplining, and microlight flights, as well as cultural exploration.

Wildlife Safari & Tours in Nepal

Nepal is home to several national parks and wildlife reserves, making it an ideal destination for wildlife safari tours. Visitors can take a jeep or elephant safari to explore the dense forests of Chitwan National Park or Bardia National Park, where they can spot Bengal Tigers, one-horned rhinoceroses, elephants, different species of deers and other wildlife. Chitwan National Park & Koshi Tappu Wildlife Reserve has incredible opportunities for bird watching tours in the country.



Adventure Driving Tours in Nepal

Nepal is a country of diverse landscapes, ranging from high Himalayan peaks to rolling hills and lush forests, providing fantastic opportunities for adventure driving tours in its mountain regions. These tours take you through some of the most remote and stunning regions of the country, allowing you to witness breathtaking scenery and experience mountain life and culture. Whether you prefer the challenge of off-road driving or the serenity of a leisurely mountain drive, Nepal has a wide variety of adventure driving tours that cater to every type of traveler.

The Manang Valley, Mustang Valley, Rara Lake, and Jomsom to Muktinath Tour are some of the most popular driving tours in Nepal. These tours offer a unique and thrilling way to experience the country's diverse terrain and culture.



Mountain Biking in Nepal

If you're an adventure enthusiast who loves mountain biking, Nepal is an ideal destination to explore diverse landscapes and breathtaking natural beauty. There are plenty of trails and terrains to choose from, catering to various skill levels and interests. Whether you're a beginner or an expert, you can find the perfect option for an exciting biking adventure activity in Nepal. Guided tours and packages for mountain biking in Nepal cater to all levels of riders, from beginners to experienced riders. These tours provide an opportunity to experience the country's natural beauty and cultural richness while engaging in a thrilling physical activity.

Some of the most popular mountain biking trails in Nepal include the Mustang Valley, Annapurna Circuit, and the Kathmandu Valley Rim. These trails offer breathtaking views of the Himalayan mountains, scenic countryside, traditional villages, and cultural landmarks, making them a must-visit for any mountain biking enthusiast.

White Water Rafting in Nepal

White water rafting in Nepal is a thrilling and unforgettable experience for adventure seekers. With its rushing rivers and stunning scenery, Nepal has become one of the top destinations in the world for white water rafting. Whether you're a beginner or an experienced rafter, Nepal has a range of options to suit all levels of expertise. Some of the most popular rivers for white water rafting include the Trishuli, Seti, Bhote Koshi, and Kali Gandaki.

Luxury Tours in Nepal

Nepal offers a variety of high-end luxury tours for travelers who are seeking a comfortable, elegant, and unique experience. These tours are meticulously designed to provide an exclusive and luxurious journey while discovering the stunning natural beauty and rich cultural heritage of Nepal.

Luxury tours in Nepal typically include high-end accommodations, private transportation, personal guides, and other exclusive services such as spa treatments, fine dining, and customized itineraries to travelers. Some of the popular luxury tours in Nepal include private helicopter tours of the Himalayas, private tours of cultural and historical sites, luxury wildlife safaris, and trekking and hiking expeditions with high-end amenities.

Whether you're interested in exploring Nepal's breathtaking natural wonders or immersing yourself in its vibrant cultural heritage, there are plenty of luxury tour options available to cater to your interests and preferences. These tours provide an exceptional and unforgettable experience that blends adventure, comfort, and luxury.

Mount Everest Experience Flight- By Plane

The Mount Everest Experience Flight is a breathtaking aerial tour that offers a "once-in-a-lifetime" opportunity to witness the majestic Mt. Everest - the top of the world. The flight takes off

from Kathmandu in the morning for about an hour and flies through the majestic Himalayan mountain range, showcasing awe-inspiring views of Mount Everest, Lhotse, Nuptse, and other towering peaks. This flight provides a unique chance to see the world's highest mountain, Mount Everest, from a completely different perspective. It is an excellent alternative for travelers who do not have the time or physical ability to trek to Mount Everest.

Helicopter Tours in Nepal

Helicopter Tours in Nepal offer a unique and exciting way to see the beauty of the country. These tours allow you to see some of the most iconic and remote mountain destinations from Heli flight, providing a bird's eye view of the stunning mountains and landscapes. These tours are appropriate for those



who have time constraints or physical limitations that make mountain trekking impractical.

Nepal offers a variety of popular helicopter tours, including the Everest Base Camp Helicopter Tour, Annapurna Base Camp Helicopter Tour, Langtang Helicopter Tour, Muktinath Helicopter Tour, and Upper Mustang Helicopter Tour. The duration of these tours can vary from a single day to multiple days, depending on the preferences of the travelers.

Mount Everest Experience Day Tour- By Helicopter

The Mount Everest Experience Helicopter Flight in Nepal is a popular and exhilarating tour that takes you on a scenic helicopter ride over the world's highest peak. During the flight, you'll enjoy stunning views of the Himalayan range, including Mount Everest, Lhotse, Nuptse, Cho Oyu, and more. The tour typically starts from Kathmandu, where you'll board a helicopter and fly over the beautiful landscapes of the Everest region, including the Khumbu Valley, the Sherpa villages of Namche Bazaar and Tengboche, and the glacial lakes of Gokyo. The highlight of the tour is the breathtaking view of Mount Everest from a unique vantage point, providing a truly unforgettable experience.

The Mount Everest Experience Helicopter Flight is an ideal option for travelers who want to experience the grandeur of the Himalayas but have limited time or physical limitations that make trekking difficult.

Trekking in Nepal

Nepal, known as the land of Himalayas, is a trekkers paradise. With the highest peaks in the world, including Mount Everest, trekking in Nepal is an experience like no other. The country is home to some of the most stunning Himalayan landscapes in the world, and a trek through its mountains will take you on a journey through stunning vistas, diverse cultures, and an abundance of natural beauty. Trekking in Nepal is more than just a physical challenge. It's an opportunity to immerse yourself in the local culture, learn about the history and traditions of the Nepalese people, and make memories that will last a lifetime.

Everest Base Camp Treks in Nepal

Trekking in Everest Base Camp is an adventure that is on many people's bucket lists. The journey to Everest Base Camp takes you through the world's highest mountain, and the most stunning landscapes on earth,

offering breathtaking views of the Himalayas and an opportunity to experience the unique culture of the Sherpa People, who are known to be the friendliest peoples in the world. There are several trekking routes to Everest Base Camp, in different lengths, each offering a different experience.

Popular Treks in the Everest Region are:

- ◆ **Everest Base Camp Trek- 14 Days (Fairly Challenging)**
- ◆ **Everest Base Camp and Gokyo Lakes Trek- 18 Days (Challenging)**
- ◆ **Gokyo Lakes Trek- 14 Days (Fairly Moderate)**
- ◆ **Everest 3 High Passes Trek- 19 Days (Most Challenging Trek in Everest Region)**
- ◆ **Everest View Trek- 12 Days (Moderate)**

Annapurna Treks in Nepal

The Annapurna Region is considered one of the most scenic trekking regions in the Nepalese Himalayas. The trekking trails in the Annapurna region offer a diverse range of landscapes, from picturesque valleys and farmland to lush tropical and subtropical forests, alpine grasslands, and high Himalayan terrains with stunning views of snow-capped mountains.

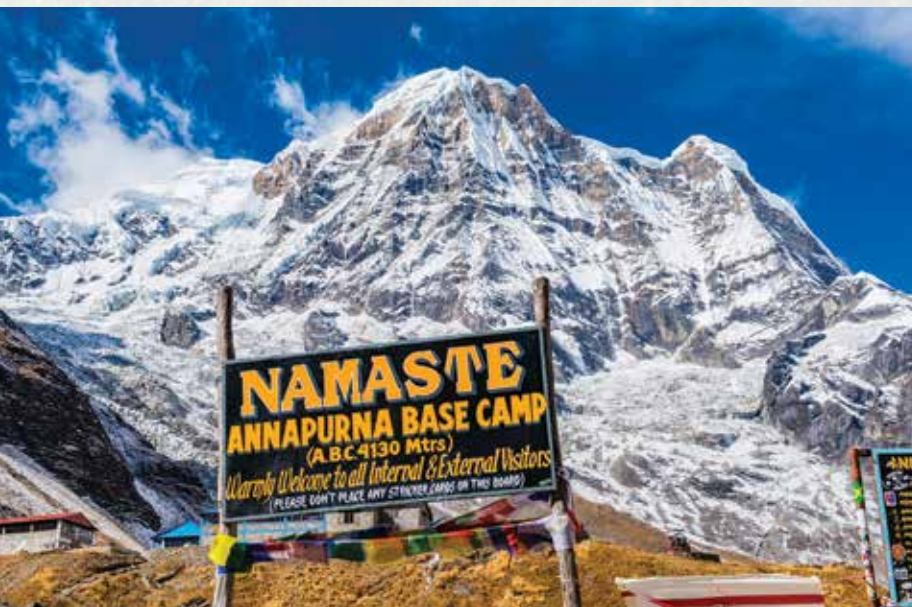
The Annapurna region offers a range of trekking options suitable for trekkers of



different levels of experience and fitness. From easy treks to more challenging and strenuous treks, there are several options to choose from. This makes the Annapurna region an attractive destination for both novice and experienced trekkers.

Popular Treks in the Annapurna Region are:

- ◆ **Poon Hill- Ghorepani Trek- 8 Days (Moderate Family style Trek)**
- ◆ **Mardi Himal Trek- 10 Days (Moderate Trek)**
- ◆ **Annapurna Base Camp Trek- 14 Days (Moderate Trek)**
- ◆ **Mustang Trek- 14 Days (Moderate Trek)**
- ◆ **Annapurna Circuit Trek- 14 Days (Fairly Challenging Trek)**
- ◆ **Tilicho Lake and Annapurna Circuit Trek- 16 Days (Challenging Trek)**



Besides the Annapurna and Everest regions, Nepal offers a variety of other popular trekking destinations, such as the Langtang Valley, Manaslu Circuit & Tsum Valley, Tamang Heritage Trail, and many others.

Remote Trekking in Nepal

Nepal is renowned for its awe-inspiring landscapes and picturesque trekking routes, and while many trekkers opt for popular trails like the Annapurna Circuit or the Everest Base Camp Trek, there are also some incredible remote treks in Nepal that offer a more off-the-beaten-path experience. Remote treks in Nepal present an incredible opportunity to explore some of the most stunning and isolated regions of the country.

Manaslu Circuit Trek

The Manaslu Circuit Trek is an excellent option for hikers seeking a distinctive trekking experience. It

leads you through the pristine and remote Manaslu Conservation Area, where you can observe a landscape that remains untouched by modern civilization. The trek follows a path through dense forests, high mountain passes, and traditional Tibetan villages, offering stunning views of the Manaslu Mountain range.

Upper Dolpo Trek

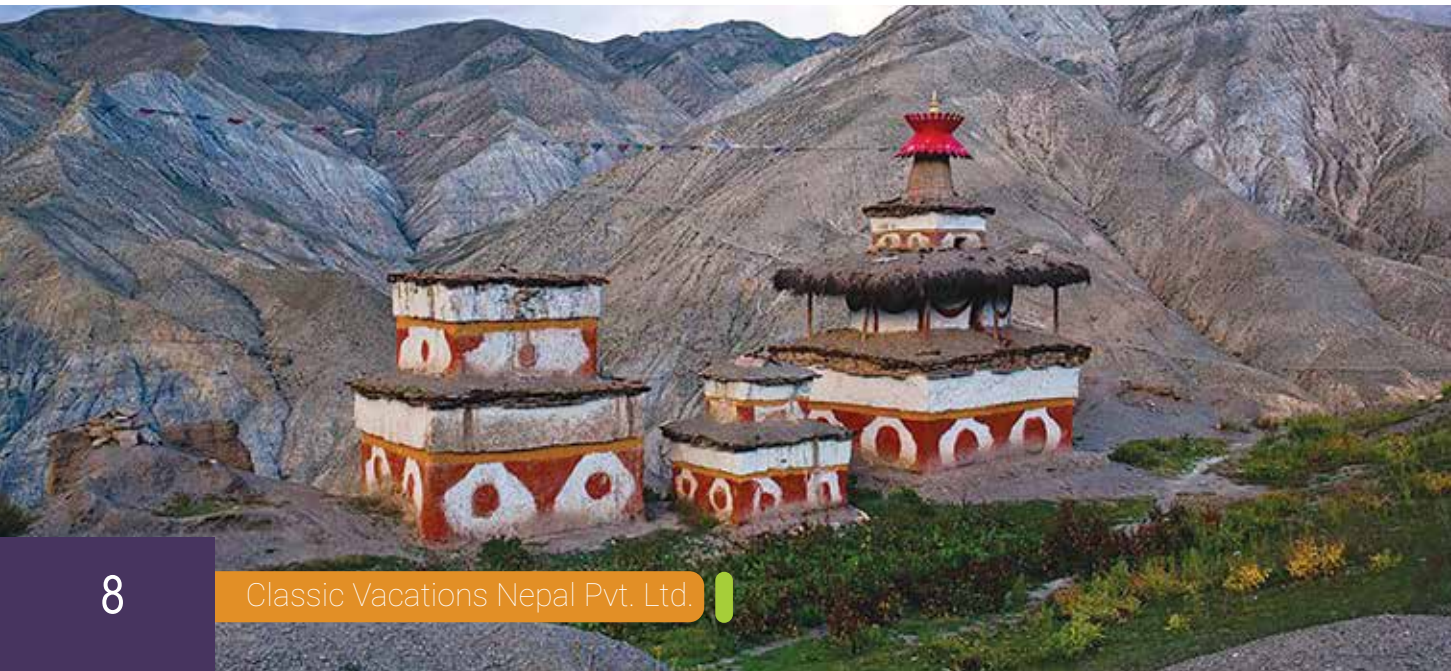
The Upper Dolpo Trek in Nepal leads hikers through remote areas, starting in the town of Juphal and passing through rough terrains and isolated villages, and high mountain passes, offering spectacular views of the mountains. The highlight of the trek is the Shey Phoksundo National Park, which is home to the stunning Phoksundo Lake.



Humla Limi Valley Trek

The Humla Limi Valley Trek in Nepal is considered one of the finest off-the-beaten-path treks in the western region of the country, providing a unique chance to discover an isolated and seldom-visited area. This trekking route was unveiled in 2002.

Tucked away in the heart of the Himalayas, the Humla Limi Valley is Nepal's highest and most remote district. The region is culturally diverse, with Tibetans occupying the northern highlands, and the Khasas (Hindus) living in the southern valleys and riverbeds. As you trek through remote villages and explore ancient monasteries, you will experience these rich and varied cultures in the vivid Limi Valley.



Peak Climbing in Nepal

- ◆ **Lobuche Peak Climbing- 18 Days- (Fairly Challenging Climbing)**
- ◆ **Pisang Peak Climbing-18 Days- (Fairly Challenging Climbing)**
- ◆ **Kyajo Ri Climbing- 16 Days (Peak with expedition grade climbing)- Challenging Peak Climbing**

Nepal offers a wealth of opportunities for peak climbing, with many breathtaking peaks to choose from. Whether you're a seasoned climber seeking to summit a challenging peak or a novice looking for an exciting new adventure, Nepal has something to offer.

Some popular peaks for climbing include Island Peak, Mera Peak, Lobuche Peak, Pisang Peak, and Kyajo Ri. These peaks offer stunning views of the surrounding Himalayan landscape and a chance to experience the thrill of mountaineering.

Popular Peak Climbing in Nepal are:

- ◆ **Island Peak Climbing (via EBC)- 19 Days- (Moderate Climbing)**
- ◆ **Island Peak Climbing- 15 Days- (Moderate Climbing)**
- ◆ **Mera Peak Climbing- 18 Days- (Moderate Climbing)**

Climbing & Expeditions

Nepal, with its eight of the world's highest mountains, is a mountaineering paradise. Whether your ultimate goal is to summit Everest, test your skills on Pumori, or embark on your high-altitude mountaineering journey with Baruntse or Ama Dablam, our team of experienced Sherpas and climbing guides can help turn your dreams into reality. We provide all necessary fixed ropes and as much support as you require, with small groups that offer the greatest chance of success and safety.

Bhutan

“Discover the Land of Thunder Dragon: Experience Bhutan”

Bhutan Cultural Tours

Bhutan is a truly unique country with its own distinct culture and traditions. Cultural tours in Bhutan usually aim to explore the country's rich culture, traditions, and fascinating history. These tours provide a wonderful opportunity to discover Bhutan's unique architecture, ancient temples, fortresses, Buddhist monasteries, and colorful festivals.

Paro Valley is a scenic valley that is home to several historical and cultural sites, including the famous Tiger's Nest Monastery. The only international airport in Bhutan is located in the Paro Valley.

Tiger's Nest Monastery, known as Paro Taktsang is a sacred Buddhist temple located in the Paro Valley of Bhutan. It is perched on a cliff at an elevation of 3,120 meters (10,240 feet) above sea level and is considered one of the most iconic and important spiritual sites in Bhutan.

Thimphu, the capital city of Bhutan, is a fascinating blend of traditional and modern culture. Some of the noteworthy attractions to see in Thimphu are the Tashichho Dzong, National Memorial Chorten, the Buddha Dordenma statue, as well as the National Library and National Textile Museum.

Punakha Dzong is one of the most beautiful and iconic fortresses in

Bhutan, known for its stunning architecture and rich history. It is situated at the confluence of two rivers.

Bumthang Valley is recognized as the spiritual and cultural center of Bhutan, with a multitude of temples and monasteries that have existed since the 7th century. It is renowned as the birthplace of Bhutanese Buddhism and is often referred to as the heartland of Buddhism in the country.

In addition, cultural tours provide an opportunity to visit local villages, meet with the friendly Bhutanese people, and gain insight into their traditional way of life and customs.

Trekking in Bhutan

Trekking in Bhutan offers an unparalleled experience for outdoor enthusiasts to explore the beautiful national parks and stunning landscapes of this Himalayan country. In addition to the natural wonders, trekkers can witness Bhutanese culture, visit ancient Buddhist monasteries and temples, and explore magnificent fortresses in places such as Paro Valley and the capital city of Thimphu.

Bhutan is home to several prominent trekking destinations, such as the Druk Path Trek, Bumthang Cultural Trek, Jumolhari Trek, Laya Gasa Trek, and the challenging Snowman Trek. These treks offer diverse experiences, from relatively easy paths through forests and lakes to demanding high-altitude treks through remote villages and rugged mountains.



“Discover the Roof of the World: Explore the Mystical Land of Tibet”

Tibet Tours

Tibet tours offer an amazing opportunity to explore the mystic land of the high Himalayas, and to immerse yourself in the unique culture, traditions, and spirituality of the Tibetan people. Tibet is home to numerous ancient Buddhist monasteries and boasts stunning natural beauty, including some of the most breathtaking Himalayan landscapes in the world.

Lhasa: “Forbidden City”

Lhasa is the capital city of Tibet and is considered one of the most important cultural and spiritual centers of Tibetan Buddhism. Lhasa was known as the “Forbidden City” in the past due to the political and cultural restrictions placed on foreigners visiting the city during the rule of the Dalai Lama, and then under the rule of the Chinese Government until officially opened to international tourism in the 1980s.

Potala Palace

One of the main attractions in Lhasa is the Potala Palace, a UNESCO World

Heritage Site that served as the residence of the Dalai Lama for over 300 years. The palace, built on top of a hill, offers stunning views of the city and is a symbol of the Tibetan people's resistance to Chinese occupation. Visitors can explore the palace's many halls, chapels, and tombs, and gain insight into the daily life of the Dalai Lamas.



Jokhang Temple

Another important site in Lhasa, a sacred temple that is considered the most important pilgrimage site in Tibet. The temple, which dates back to the 7th century, is home to a statue of the 12-year-old Sakyamuni Buddha, which is said to have been brought to Tibet

by the Chinese princess Wencheng. Visitors can join the locals in walking around the temple in a clockwise direction, a traditional form of worship known as kora.

Norbulingka Palace

Another must-see destination on a Lhasa tour is the Norbulingka Palace, a summer palace of the Dalai Lamas that is considered the largest man-made garden in Tibet. The palace, which is located on the outskirts of the city, features beautiful gardens, pavilions, and palaces that offer a glimpse into the life of the Dalai Lamas during the summer months.

Drepung Monastery & Sera Monastery

Both monasteries were once home to thousands of monks and are considered important centers of Tibetan Buddhism. Visitors can observe the daily prayers and rituals of the monks and learn about the teachings of Buddhism.

Mount Kailash & Mansarovar Tour

"**Mount Kailash**" is a revered mountain in Tibet that holds great spiritual significance for Hindus, Buddhists, and Jains. For many believers, a journey to this holy site is considered a deeply spiritual and transformative experience.

A trip to Mount Kailash is a breathtaking experience that offers awe-inspiring views of the surrounding landscape, the majestic Kailash Mountain, and the serenity of the holy lakes Rakshastal and Mansarovar. The natural beauty of the area is simply incredible, with towering peaks, crystal-clear waters, and vast stretches of pristine wilderness that seem to stretch to the horizon.

Mountain Biking Tour in Tibet

Tibet's diverse topographical features, ranging from arid flat terrain to the highest peak on Earth, make it a perfect mountain biking destination for intrepid riders seeking a truly unique experience. With the opportunity to bike in high altitudes and take on challenging terrain, a mountain biking trip in Tibet can be both thrilling and physically demanding.



Best Time to Travel to Nepal, Tibet & Bhutan !

It is important to consider the best time to travel to Nepal, Tibet, and Bhutan to ensure the best travel experience with good weather conditions, clear visibility, and pleasant temperatures.

Nepal

When planning a trip to Nepal, it's important to note that the country's geography results in a diverse climate, with weather conditions varying significantly across different regions. Nepal experiences four distinct seasons, which are as follows:

Spring Season (March to May)

Spring season is one of the best times to visit Nepal as the weather is usually dry, clear, and warm, with excellent visibility, making it ideal for trekking and mountain climbing. The landscapes are adorned with blooming flowers, providing a picturesque backdrop for outdoor activities. The rhododendron forests, in particular, are in full bloom during this season, making it an excellent time to explore Nepal's natural beauty.

Summer Season (June to August)

Summer season in Nepal coincides with the monsoon season, and the weather can be unpredictable with heavy rainfall and occasional landslides. However, the country's landscapes are lush and vibrant, and the weather is warm, making it an ideal time for cultural tours in Kathmandu, Pokhara, and Chitwan National Parks. However, hiking, trekking, and mountain climbing are generally not recommended during these months due to the unfavorable weather conditions.

Autumn Season (September to November)

Autumn is another excellent time to visit Nepal. The weather during these months is typically dry and pleasant, with clear blue skies and excellent visibility, making it perfect for outdoor activities such as hiking, trekking, and mountain climbing in Nepal.

Winter Season (December to February)

The winter season in Nepal can be very cold, especially in the higher trekking regions, with heavy snowfall at higher altitudes, which can block trekking trails and passes. Therefore, trekking and mountain climbing in Nepal are generally not recommended during these months. However, low land trekking in mountainous areas is easily conducted, which provides incredible snowfall landscapes, and visibility will still be excellent. Popular low land treks in the winter months include trekking up to Namche in the Everest Region or the Ghorepani-Poon Hill Trek in Annapurna Region.

Tibet: (April to Oct)

The best months to travel to Tibet are from April to October. During this time, weather is generally dry, the skies are clear, providing excellent visibility of the surrounding landscapes and mountains.

Bhutan: (March to May & Sep to Nov)

The best times to visit Bhutan are during the spring (March to May) and autumn (September to November) seasons. During spring, the weather is mild, and the scenery is breathtaking, with colorful flowers in bloom. It's also a good time for trekking, as the trails are not too muddy and slippery.

Similarly, during autumn, the weather is dry and clear, offering spectacular views of the Himalayas. It's also a good time to witness Bhutanese festivals such as the Thimphu Tsechu and Paro Tsechu, which are colorful and vibrant events showcasing Bhutanese culture and traditions.



Health and Safety for Traveling to Nepal

**SAFETY
FIRST**

Nepal is generally considered a safe country for travelers, with a low crime rate, friendly and welcoming peoples and culture. However, it is always important to be prepared and take necessary precautions to ensure your safety while traveling to Nepal.

Vaccination

Before traveling to Nepal, it's important to consult with your doctor or a travel health specialist to determine what vaccinations you may need. Common vaccines for Nepal include Covid-19, Hepatitis A, Typhoid, Rabies, Dengue, Flu (Influenza), Japanese Encephalitis and Tetanus.

Food and Water

It is important to take precautions with food and water in Nepal to avoid getting sick. It is recommended to drink bottled or filtered water and avoid ice cubes or anything that may have been washed in tap water. Also, be cautious with raw or undercooked food and stick to hot, cooked meals.

Travel Insurance

Travel insurance is highly recommended when traveling to Nepal, as it can provide coverage and protection in

the event of unexpected situations or emergencies. Your travel insurance policy should cover emergency medical expenses, emergency evacuation and repatriation, trip cancellation and interruption, as well as flight delays or cancellations.

Practice General Safety Precautions

Practicing general safety precautions is important to ensure your personal safety and security. Keep your valuables out of sight, use caution when walking alone at night, and be aware of your surroundings.

Stay up-to-date on the Latest Travel Advisories

It is important to stay informed about the latest travel advisories and warnings issued by your home country or international organizations. Stay vigilant and be ready to modify your plans accordingly, if needed.

Packing Guidelines

To ensure a safe and enjoyable adventure travel experience in Nepal, Tibet & Bhutan, it is important to pack the right clothing and equipment for the specific trip you are taking. These Himalayan countries have varying climate conditions throughout the year, so it's essential to pack accordingly.

If you are planning to trek or climb in the region, it's especially important to have proper trekking and climbing gear for your safety. To help with your packing, we have compiled a list of essential clothing and gear to bring on your trip.

Head Gear

Sun Cap Or Hat: A sun cap or hat is very useful for adventure trekking in the mountains. It protects your face from the sun and blocks UV rays, preventing sunburn.

Beanie or Wool or Fleece Hat: To keep your head warm in cold weather conditions, consider packing a beanie, woolen hat, or fleece hat.

Neck Gaiter or Buff or Balaclava: A neck gaiter, buff, or balaclava can be useful for keeping your neck and ears covered and warm in cold weather conditions.

Hand Gear

Liner Gloves: Liner gloves are usually made of fleece and are thin gloves worn underneath outer gloves or mittens to provide extra warmth and insulation in cold weather conditions.

Outer Gloves or Mittens (Wind and Waterproof): Wind and waterproof outer gloves or mittens are recommended for protection against harsh weather conditions, especially when hiking or climbing in the mountains.

Feet

Hiking Socks: Hiking socks are specialized socks that are designed to provide comfort, protection, and support for your feet during hiking activities. These socks are made from materials that help to wick away moisture, such as wool or synthetic blends.

Heavy Socks: Heavy socks made from materials like merino wool or synthetics are recommended for trekking and climbing in the mountains, as they provide extra cushioning, warmth, and protection against blisters. Knee-high socks are also recommended for added protection.

Sports Sandal: Sport Sandals are a great option for wearing during overnight stays at lodges, especially in the morning and evening. They should be comfortable and easy to wear over liner socks.

Sports Shoes: Sports shoes are designed to be lightweight, flexible, and comfortable, making them a great choice for various sports activities, including day walks in lower altitude valleys.

Hiking Boots: Hiking boots are great for hiking on rough terrain, providing better ankle support and protection. They are generally recommended for longer altitude hikes, backpacking trips, and more challenging terrain.

Snow Gaiters: Snow gaiters are designed to protect hikers' feet and lower legs from snow and water during winter trekking in the mountains. They are usually made of waterproof materials such as nylon or gore-tex.



Micro Spikes: Micro spikes provide additional grip and stability when walking on icy or snow surfaces. Micro spikes are lightweight and portable.

Inner Wear

Under Wear: Under wear should be moisture-wicking and quick-drying to keep the body dry and comfortable.

Sports Bras: Sports Bras are great options for hiking as they are designed to provide support and comfort during physical activities. They are quick drying.



Clothing

Thermal Layers (Tops & Bottoms): Thermal layers are great base layers for keeping the body warm in cold weather conditions. They are made of materials such as wool, synthetic fibers, or polyester, and are lightweight, breathable, and moisture-wicking.

T-Shirts (Short-Sleeved): T-shirts are useful for low valley hiking on sunny days. They should be made of quick-drying fabric such as polyester or spandex and have a comfortable stretch.

Long Sleeve Shirts: Long sleeve shirts provide protection from the sun, insects, and cool weather. Long sleeve shirts made of lightweight and breathable materials such as polyester, nylon or merino wool can be particularly useful for outdoor activities like hiking or trekking in sunny but cooler weather.

Fleece Jackets: Fleece Jackets are used as a mid-layer between a base layer and an outer shell during hiking in the mountains. Fleece jackets are known for their warmth, breathability, and moisture-wicking properties.

Hard Shell Or Outer Shell Jacket (3 Layer)

These jackets are designed to provide protection against wind, rain, and snow. It is typically made from a waterproof and breathable material, such as Gore-Tex or a similar fabric, and to be used as an outer layer over other clothing.

Down Jacket: Down Jacket made of goose down, best against cold temperatures. They are great to keep you warm at high altitude treks and in extreme cold weather.

Trekking Pants or Trousers: Trekking pants or trousers are specialized pants designed for outdoor activities such as hiking, trekking, and backpacking. They are typically made from durable, lightweight, and breathable materials that provide comfort and protection during long walks or climbs

Fleece Tracksuit Pants: Fleece tracksuit pants are an excellent choice for wearing at guest houses during trek days.

Hardshell Pant: Hardshell pants are best for outdoor activities such as trekking and mountaineering. These pants are typically made from waterproof and breathable materials, such as Gore-Tex, to provide protection against cold and harsh weather conditions.

Travel Gear

Duffle Bag: Duffle bags are an excellent choice for travel and carrying gear during trekking days. They are typically made from durable and water-resistant materials, making them ideal for outdoor activities.



Day Pack & Cover: A day pack is an essential item that you will carry with you during your trek. It is designed to store the items that you will frequently need throughout the day. You can use your day pack to carry your personal belongings, such as your passport and money, camera, rain gear, snacks, and other essential items.

Sleeping Bag: To ensure a comfortable and restful sleep during your trekking days at mountain lodges, it is essential to have a good quality sleeping bag. Sleeping bags are typically made from synthetic materials, down or feathers, and are designed to keep you warm and cozy throughout the night.

Sleeping Bag Liner: A sleeping bag liner is a thin, lightweight cloth that can be used inside a sleeping bag to add an extra layer of insulation and protection, and provide extra warmth and comfort during cold nights.

Water Bottle: A necessary item for drinking water during your trek. There are various brands and options available for water bottles. Popular recommendations include Nalgene, Hydro Flask, CamelBak, and others.

Trekking Poles: Trekking Poles can be very useful for trekking in mountains. Trekking poles can provide additional

stability and balance on uneven terrain. They can help to reduce the impact on your knees and joints, especially when going down hill. Trekking poles can help to prevent slips and falls on slippery trails.

Pocket Swiss Knife: Pocket Swiss Knife is a highly useful tool for trekkers in mountains due to its versatility, portability, durability, and usefulness in emergency situations.

Personal

Sun Glasses: Sunglasses are essential for trekking in the mountains. It protects your eye from UV Rays. Polarized sunglasses are recommended. Sunglasses also offer protection from dust, wind, and debris that can be kicked up during a trek. This helps to prevent eye irritation and injury.

Headlamp: A headlamp is a must-have tool for trekking in the mountains, especially when you are starting early in the morning or hiking until late in the evening.



Earplugs: Yes, earplugs can be very useful for sleeping, especially if you are trying to sleep in a noisy environment or with a snoring partner.

Medical

Sun Cream: When trekking in Nepal, it's important to choose a sunscreen that offers broad-spectrum protection against both UVA and UVB rays, has a high SPF of 50+, and is water-resistant.

Lip Guard: Lip Balm also known as lip guard, keeps your lip healthy and protects your lip from getting dry and cracking while on trek days.

Moisturizer or Lotion: Help to protect your skin from snow or sun burn.

Insect Repellent: Remember to pack insect repellent when traveling to Nepal. Insect repellent can help protect you from mosquitoes and other biting insects that may carry diseases.

Water Purification Tablets: Chlorine or iodine tablets etc. They are added to water to kill harmful bacteria and purify it, making it drinkable .

Accessories

Nail Cutter, Umbrella/RainCoat, Hot Water Bag, Pee Bottle & Pee funnel

for women (optional), Tenacious Tape Repair Kits etc.

First Aid Kits: First aid kits typically contain basic medical supplies and equipment that can be used to provide immediate medical treatment for injuries or illnesses. This may include items like bandages, gauze, antiseptic wipes, scissors, tweezers, and basic medicines. Some common medicine for trekking in mountain should include pain relievers, antihistamines for allergic reactions, decongestants for nasal congestion, antacids for stomach indigestion, anti-diarrheal medication for diarrhea, and topical ointments or creams for minor cuts, burns, or rashes.



Toiletry Kit: Toiletry kits typically include, Toilet Paper, Wet Tissue, Toothbrush and toothpaste, soap and shampoo, hairbrush or comb, Towel, Garbage bags etc.

Extra

Book(s) & Camera, Power Banks, Extra Batteries etc.



Responsible Travel at Classic Vacations Nepal

Classic Vacations Nepal is committed to advancing responsible travel on each of our trips. Our aim is to reduce the negative impacts of tourism on the local communities, environment, and cultural heritage. To accomplish this, we have adopted several responsible travel practices, which include but are not limited to:

Protecting the Environment

At Classic Vacations Nepal, we understand the potential for environmental harm and cultural impacts resulting from tourism in mountainous regions. Thus, we implement sustainable tourism practices that safeguard our environment and conserve the natural splendor of our country.

We prioritize environmental protection by minimizing waste and pollution, conserving energy and water, and utilizing eco-friendly products and services that reduce our environmental footprint. Furthermore, we adhere to wildlife reserve guidelines that prioritize conservation and animal welfare. We abstain from purchasing souvenirs made from endangered species or participating in activities that exploit animals.

Supporting Local Communities for Sustainable Development

Classic Vacations Nepal strives to promote sustainable development by supporting local communities. To achieve this, we opt to utilize locally-owned hotels, restaurants, and guest houses for our trips.

We take pride in employing local guides and support teams who possess in-depth knowledge of the

history, culture, and geography of the region, thereby ensuring that our trip expenditure directly benefits rural communities. We also collaborate with local organizations to facilitate community development and bring about positive change in the area.

Responsible Travel Training

At Classic Vacations Nepal, we conduct workshops and training sessions for local people, guest houses,

guides, and support staff to promote responsible travel practices in mountainous regions. Through these initiatives, we aim to empower our local partners with knowledge and skills to implement sustainable tourism practices that protect the environment, conserve cultural heritage, and benefit local communities.



Respecting Local Culture

At Classic Vacations Nepal, we place great importance on respecting the local culture, customs, and traditions of the places we visit. Therefore, we encourage our travelers to adhere to a code of conduct that respects and preserves the local culture. For example, we recommend dressing modestly when visiting religious sites, removing shoes when entering temples or homes, and asking for permission before taking photos of local people. By showing respect for the local culture, we strive to promote cultural exchange and foster meaningful connections between travelers and local communities.

Giving Back to the Community

Classic Vacations Nepal provides volunteer opportunities for our travelers to give back to local communities. Our volunteers have the chance to teach at community schools and organizations,

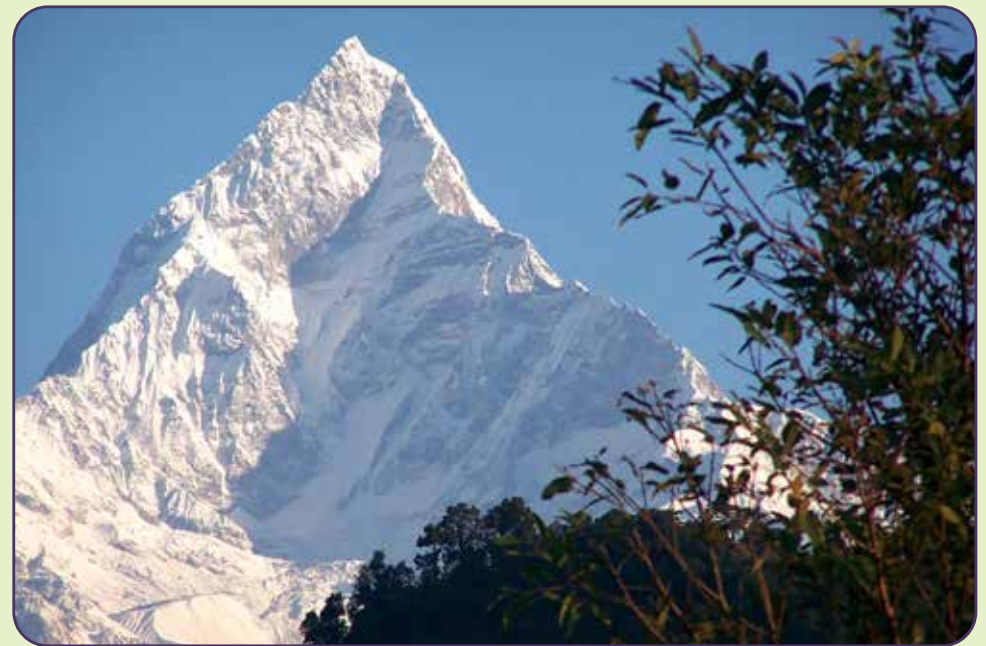


among other activities. We also encourage our travelers to donate goods and funds to local communities that support community development, education, environment, and cultural conservation. By engaging in these activities, we aim to promote sustainable development and improve the quality of life for local people.

Classic Vacations Nepal is an active funding partner of Pioneer Foundation Nepal, a non-profit organization established to promote social development in rural communities throughout the country. Through programs such as scholarships for impoverished and marginalized children, health camps offering basic medical care, and support for school libraries and donations of educational and sports materials, Pioneer Foundation Nepal is making a difference in the lives of many in Nepal.

To learn more about their work, please visit their website at www.pfnepal.org







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